

Every week more than 15,000 divorces take place plunging more than 30,000 people into a black hole of pain, confusion and hurt.

I never thought it would happen to me, but it did. The shock and pain were overwhelming. But three people stepped in to literally save my life If not for them, things would have turned out much differently.

When I look back on those first days and then the weeks and months that follow, I ask myself:

- What would have happened if I had chosen self-destruction rather than reconstruction?
- How many men are in this very place at this very moment—dying a million deaths inside from crushed dreams, destroyed reputations, families lost?
- How many kids are silently suffering through their parents' divorce, and how could their dads be helped to rescue their children from needless guilt and wasted

Founded by Pastor Dale Brown,

Men's Divorce Recovery is a ministry

which exists to

Empower Divorced Men through

Support, Knowledge & Encouragement to Survive & Thrive

Beyond their Divorce to Become

Resilient, Strong & Wise Men

in Their World.



Men's Divorce Recovery

Survive & Thrive

Survive & Thrive Beyond Your Divorce



Dale Brown, Ph.D. Executive Director

978.204.0480 dalebrown3@me.com

MensDivorceRecovery.org

For more information on resources and events, go to

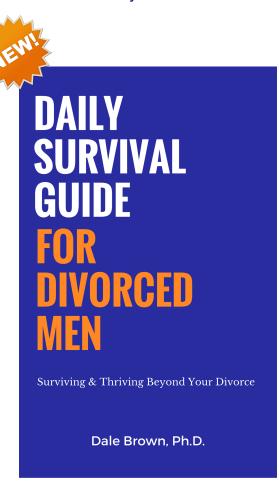
MensDivorceRecovery.org

or Email or Call Dale:

DaleBrown3@me.com

978.204.0480

Designed to give hurting men a daily dose of wisdom and encouragement, the **Daily Survival Guide for Divorced Men** is a 180-Day devotional.



A 180-Day Devotional, Coming Soon.

Dale has pastored six churches in Texas and New England, traveled and taught overseas and led Men's Retreats and Conferences.

He holds a B.S. from the University of Texas and the M.Div. and Ph.D. degrees from Southwestern Baptist Theological Seminary.

Dale is dad to Lindsey, Davis and Aaron.



Survive & Thrive

Men's Divorce Recovery (MDR)

began when longtime pastor Dale Brown suffered an unexpect-

ed divorce after 32 years of marriage.

MDR is Pastor Dale's response to God's call to help other men survive and thrive through divorce.

MDR offers multiple **Pathways to Healing & Recovery**:

ON-DEMAND Resources include:

- WEBSITE: MensDivorceRecovery.org
- A DAILY DEVOTIONAL BOOK: Daily Survival Guide for Divorced Men: Surviving & Thriving Beyond Your Divorce
- A **NEWSLETTER** and **BLOG** give insightful and consistent support to men.
- ➤ VIDEOS and AUDIO PODCASTS on specific topics related to divorce and recovery, accessible through the website.
- Access to CRISIS COUNSELING

MDR EVENTS include:

- Weekend CONFERENCES
- Annual weekend RETREATS
- Annual challenging extended EXPEDITIONS (back-packing, kayaking, hunting, fishing)
- 6-Week RECOVERY GROUPS including S-GROUPS (Survive Groups) for men in the immediate crisis of divorce and T-GROUPS (Thrive Groups) for men ready to take the next step with God.

