



Men's Divorce Recovery

Survive & Thrive



Every week more than 15,000 divorces take place plunging more than 30,000 people into a black hole of pain, confusion and hurt.

I never thought it would happen to me, but it did. The shock and pain were overwhelming. But three people stepped in to literally save my life. If not for them, things would have turned out much differently.

When I look back on those first days and then the weeks and months that follow, I ask myself:

- What would have happened if I had chosen self-destruction rather than reconstruction?
- How many men are in this very place at this very moment—dying a million deaths inside from crushed dreams, destroyed reputations, families lost?
- How many kids are silently suffering through their parents' divorce, and how could their dads be helped to rescue their children from needless guilt and wasted

Founded by Pastor Dale Brown,
*Men's Divorce Recovery is a ministry
which exists to*

***Empower Divorced Men
through
Support, Knowledge & Encouragement
to Survive & Thrive
Beyond their Divorce
to Become
Resilient, Strong & Wise Men
in Their World.***

***Survive & Thrive
Beyond Your
Divorce***



***Dale Brown, Ph.D.
Executive Director***

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MensDivorceRecovery.org

For more information on resources and events, go to

MensDivorceRecovery.org

or Email or Call Dale:

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Designed to give hurting men a daily dose of wisdom and encouragement, the ***Daily Survival Guide for Divorced Men*** is a 180-Day devotional.



DAILY SURVIVAL GUIDE FOR DIVORCED MEN

Surviving & Thriving Beyond Your Divorce

Dale Brown, Ph.D.

A 180-Day Devotional, Coming Soon.

Dale has pastored six churches in Texas and New England, traveled and taught overseas and led Men's Retreats and Conferences.

He holds a B.S. from the University of Texas and the M.Div. and Ph.D. degrees from Southwestern Baptist Theological Seminary.

Dale is dad to Lindsey, Davis and Aaron.



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Men's Divorce Recovery (MDR)

began when longtime pastor Dale Brown suffered an unexpected divorce after 32 years of marriage.

MDR is Pastor Dale's response to God's call to help other men survive and thrive through divorce.

MDR offers multiple **Pathways to Healing & Recovery**:

ON-DEMAND Resources include:

- ➔ **WEBSITE:** MensDivorceRecovery.org
- ➔ **A DAILY DEVOTIONAL BOOK:** *Daily Survival Guide for Divorced Men: Surviving & Thriving Beyond Your Divorce*
- ➔ **A NEWSLETTER** and **BLOG** give insightful and consistent support to men.
- ➔ **VIDEOS** and **AUDIO PODCASTS** on specific topics related to divorce and recovery, accessible through the website.
- ➔ Access to **CRISIS COUNSELING**

MDR EVENTS include:

- ➔ Weekend **CONFERENCES**
- ➔ Annual weekend **RETREATS**
- ➔ Annual challenging extended **EXPEDITIONS** (backpacking, kayaking, hunting, fishing)
- ➔ **6-Week RECOVERY GROUPS** including **S-GROUPS** (*Survive Groups*) for men in the immediate crisis of divorce and **T-GROUPS** (*Thrive Groups*) for men ready to take the next step with God.

